Coach Directory: Louisiana Through Missouri

(Alphabetical Order by State)

CERTIFICATION DESIGNATIONS

- **LPC**: Life Purpose Coach® (Trained between 2006-2015)
- **LPF**: Life Purpose 2-Day Facilitator (Trained between 2006-2015)
- **Recovery Coach**: Certified to coach those in recovery (Trained between 2013-2017)
- **Professional Certified Life Coach (PCLC)**: LaserCoach™, Life Purpose Coach®, Strategic 2-Day LifePlan Coach (Trained after 2015 with professional accreditations, protocols/templates, ePortfolio requirements, and exams)
- **PCLC Instructor**: Certified Instructor for all 2018+ coach-students
Coach Directory: Kentucky Through Missouri

CERTIFICATION DESIGNATIONS

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PATTY SMITH (MO)
KATHY JOHNSON (KY)
Professional Certified Life Coach

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Location: Louisville, KY

Background
Kathy Johnson has a great anecdote about her website name (LetsKeepItReal.Today); you must ask her how she had to learn/relearn to be truly authentic! She is passionate about sharing how honesty brought her peace and how it can bring you peace, too.

One of Kathy’s greatest joys is facilitating and leading Women’s Bible Studies and Christian book studies. Her spiritual gifts are encouragement, teaching, discernment, and leadership. She uses her God-given gifts professionally as a LaserCoach℠ for Character Development, a Life Purpose Coach®, a Strategic 2-Day LifePlan Coach, and a Retreat Speaker. She is excited to watch God choose a publisher for her first article.

Life Purpose Coach® Specialty
Kathy loves to work with senior high school and college girls; engaged gals; young marrieds; new moms; empty-nester ladies; and women in ministry. She is thrilled when she has the privilege of watching her clients realize how Christ sees them and how much he wants them to Keep It Real as they live out his unique plan for their lives.

Ministry
Kathy’s ministry passion has always been to proclaim, “Trust God! He cares deeply about every single thing you are going through right here and right now!” Her supporting Scripture is, “In all things, God loves us and loves to work in those who follow His purpose” (taken from Romans 8:28 NLT).

In addition, Kathy and her husband were trained as Marriage Mentors through their local church. Together, they are able to share their story with mentees hungering to strengthen and rekindle those partnerships. Kathy now uses those same skills, as enjoys coaching engaged and married women.

One of her deepest longings is to become a Coach-in-Resident at her church, walking alongside the women’s leadership team to help them meet the spoken and unspoken needs of the women.
Experience
Kathy taught vocational training courses and was also a career counselor at a small college for a decade. She became a Program Director creating communication workshops to assist students with their resumes, interview skills, and professional relationships. Growing up with her own excellent work ethic, perseverance, and integrity, Kathy knew the need her students had for this type of character-building.

Then, God began moving her into her 2nd-half-of-life dream, which is...Energizing women to discover and fulfill God’s Plan for their lives through life purpose coaching.

Kathy and Mark are delighted to have three of their four adult-children living nearby.
Background
Rita is a single adult woman who was called to full-time ministry and discovered her life purpose in 2003 as a result of the work of the Holy Spirit bringing her through a very physically and emotionally difficult period of her life. She received her seminary degree in Christian Ministry with specialization in Administration from New Orleans Baptist Theological Seminary in 2008 and is currently pursuing a Master’s Degree in Christian Counseling from Liberty University Online. Her life purpose is to help her sisters in Christ discover the riches God has in store for them in a life built around a relationship with Him and help them to discover God’s purpose for their own lives, while giving them the tools needed to overcome long-standing obstacles.

Life Purpose Coach Specialty
Rita’s life coaching practice specializes in coaching women with emotional struggles, overcoming emotional and/or spiritual strongholds, facing significant life changes, chronic health issues, self-esteem issues, and older single women.

Ministry
In 2003, Rita began serving as a Care Network facilitator at her home church of Calvary Baptist Church and has facilitated support groups regarding significance in Christ, healing from the losses of life, anxiety, and chronic illness. In 2005, she founded Calvary’s support group for anxiety sufferers and began to lead women’s Bible studies. In 2012 she co-founded Calvary’s support group for chronic illness sufferers. Today, Rita continues to lead women’s Bible studies and facilitate the chronic illness support group.

Experience
She began accepting life purpose coaching and life purpose facilitation clients in 2009 and speaking and consulting requests in 2010. She continues to speak in local churches, is a charter member of the International Christian Coaching Association and a preferred member of the American Association of Christian Counselors, with accessory membership in Biblical Counseling and Spiritual Formation. She is currently seeking Board Certification in Christian Coaching and Biblical Counseling.
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Location: Georgetown, MA

Background
Joanne waited many years to marry the man of her dreams, and married Barry in 2004. He led her to the Lord at age 38. They love spending quality time with close friends, finding unique antiques for their classic colonial home, and are constantly working in the garden. God has not blessed them with children, and is still revealing His plan for their lives. They both love the Lord and travel!

Life Purpose Coach Specialty
To engage in meaningful conversation with women of all ages who are eager to understand God’s plan for their lives.

Ministry
Joanne facilitates bible studies for both women and new Christians. She also teaches bible school at the 7th and 8th grade level and is a member of the Woman’s Leadership Team at her church. Her passion is reading, studying and teaching the Word.

Experience
Joanne received a Finance degree from Suffolk University. She recently made a career change into the Human Resource field and absolutely loves the work. As a generalist, she coaches all levels of management on effective business practices. She also manages employee relations issues, facilitating conversations between manager and employee to resolve conflict. She was also a personal trainer for over 10 years, motivating and empowering women of all ages to take control of their bodies and lives.
Background
Darlene Larson is passionate for God, His Word, coaching, and inspiring women to live out their life purpose. She has been involved in women leadership ministries and teaching women most of her adult years. In 2006 Darlene traveled to Laguna Beach to be trained as a Life Purpose Coach®. That was only the beginning with coach training. Since then she has become certified as a Professional Certified Life Coach, Recovery Coach, Grief-loss Coach, and Strategic 2-Day LifePlan Coach. She also is a Coach Instructor for LPCCI®. Darlene experiences great joy through her coaching business, Hearts with a Purpose. Darlene Larson is impacting lives through coaching, speaking, teaching, and writing.

Life Purpose Coach Specialty
Darlene Larson is well versed with road blocks women encounter. Anger, anxiety, chaos, confusion, fear, frustration, and abuse to name a few. She is passionate that women be set free from the bondage that comes from toxic relationships. Darlene coaches and inspires women to take their life back, to be free to live out their life purpose.

Ministry
Darlene Larson is the Coach-in-Resident within her church. She comes alongside the women’s leadership team to empower and to help them discern what the heart felt needs are of the women in her church. Darlene also teaches women Bible Studies and book studies. She began teaching a Sunday morning women’s class in 2004. Teaching, discernment, and encouragement are three of her spiritual gifts and she is thrilled that God wants to use her for His glory.
Experience
Darlene holds a B.A. in teaching and taught children for 18 years. Then God began a heart shift into her second career—life purpose coaching and inspiring women to live out their life purpose. Being an achiever, learner, disciplined and responsible person with a restorative passion for women’s hearts, Hearts with a Purpose is Darlene’s life purpose match. Darlene is co-author of Submersed in the Secret Sorrow of Infertility, a self-discovery coaching workbook that offers hope to women experiencing infertility. Part of her story is published in Dr. Katie Brazelton’s book, *Live Big*. Darlene continues to write books that teach women how to experience God’s transformational work in their lives. Darlene is happily married to Bill, and they celebrate life, love, and laughter together, as well as with their children and grandchildren.
JUDY TURNBULL (MI)
LPC

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Location: Ludington, MI

Background
Judy has been married to her best friend Chris since 1994. They have 3 children, ages 8, 10 and 12. They also have a dog and a cat. Judy enjoys reading, writing, outdoor activities, browsing bookstores, and chocolate!

Life Purpose Coach Specialty
Judy has a passion for helping others discover the life they were created for. Through encouragement, motivation, guidance and inspiration, Judy supports others as they seek to discover what their purpose is and what’s holding them back from living it out. She then helps them create goals and strategies to overcome obstacles and move forward in their life plan. She is holistic in her approach, focusing on keeping spiritual, emotional, physical, intellectual, social and environmental aspects of each person’s life in balance.

Ministry
Growing up in the church, Judy has been involved in ministry in some aspect throughout her life. She has been a core team member in two different church plants, an Outreach Director, a Women’s Ministry Leader and has started and led many small groups. Judy’s ministry passion is in discipleship. Her Spiritual Gifts are: Encouragement, Leadership, Discernment and Faith.

Experience
Judy received her Bachelor of Science degree in Ministry and Leadership from Reformed Bible College. She graduated Magna Cum Laud from Southern Christian University with her Master of Arts degree in Professional Counseling. She has been working as a therapist in the areas of general counseling and substance abuse counseling. Previous work experience includes, working as a staff member at a church, being a volunteer coordinator at a mission for the homeless and being a tour coordinator for a wholesale travel company. Judy is also currently working through a Coach training program through Coach U in hopes of attaining certification through the International Coach Federation. Judy is an entrepreneur at heart and is very excited about where God is leading her.
BONNIE DEVRIES (MI)
LPC

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Location: Greenville, MI

Background
Bonnie grew up in Michigan and is currently married to her best friend Robert, they have three children. Bonnie loves shopping at Good Will and seeking the bargains in life. She loves taking pictures, scrap booking, and saving money by using coupons. In the summer time, she enjoys camping and going to the Sand Dunes by Lake Michigan. Most of all, she enjoys giving gifts, blessing others, and watching people she loves smile. She enjoys traveling and meeting people of different cultures. She is a well-rounded person who truly cares for other people and is always willing to go the extra mile to help those in need. More than this, she is a Christian who loves the Lord with all her heart.

Life Purpose Coach Specialty
Bonnie is a passionate and tenacious problem solver when it comes to helping others improve their lives. She is compassionate, caring, nurturing, loves worship, and displays a continuous need to learn new things. She often thinks “out of the box” and feels anything is possible. She loves to help women move from past hurts, abuse, and tribulation to “focus forward” in life. Her greatest desire is to use her gifts and past experiences, which God has blessed her with, to guide and support others.

Ministry
Bonnie has served as a church camp counselor for girls, in the children’s nursery, and at Street Light Ministries located in Grand Rapids. Bonnie has participated in different bible studies and has been to Mexico to assist in building a children’s orphanage. She is a prayer warrior and seeks direction from God on a daily basis. Bonnie is a survivor of domestic violence, which occurred during her first marriage, and truly believes her ministry is to assist other women to move toward awareness, healing, and recovery in their lives. When she was younger, Bonnie suffered from life threatening auto injuries and from poor choices she has made in her life. Her passion and desire is to promote, educate, empower, encourage, and assist women to improve their quality of life. Her goal is to assist women in making positive choices and to live the full potential God has chosen for them by seeking the desire placed in their hearts. Her spiritual gifts are discernment, encouragement, mercy, healing, and compassion.

Experience
Bonnie has a Master’s Degree in Social Work, her background consists of working in the mental health field with different populations. She especially enjoys working with women that have experienced trauma/difficulties in their lives. Her heart leaps with joy when she can step back and watch the healing that takes place through Jesus Christ.
Background
Always aware of the Lord’s presence, Sandra seeks to be used of God wherever she goes. It has been her observation that most Christian women have underestimated their ability to be world changers or they lack the courage to boldly follow their dreams. Whether in business, community outreach or church service, she believes there is a God ordained assignment written on the tablet of their hearts! Sandra is a successful single business woman, who has worked in a variety of industries and she believes the journey is as valuable as the destination. She has been involved in many outreaches to the community and services to the church, but nothing delights her like seeing her ‘sisters in the Lord’ thrive and be all that they can be for His Kingdom.

Life Purpose Coach Specialty
Sandra desires to help women discover who they are and how God has uniquely designed them. She believes ‘You were born for such a time as this’ and Sandra wants to encourage women who are eager to roll up their sleeves and get busy for the Kingdom of God! She whole heartedly believes that no matter what you have been through God can use it for your good and His glory! He can open doors to business ideas, community service or ministry opportunities and experience joy in doing it! As she helps you uncover your life purpose she believes you will recover self-confidence to achieve your God given assignments!

Ministry
Since 1980, Sandra has had a flourishing personal relationship with the Lord. She is passionate about knowing God better each day, studying the Bible and spending time in prayer. She has served in a variety of church and Para-church roles including overseas mission trips, facilitating home bible studies, encouraging women through mentorship programs, children’s ministry, performing arts, homeless shelters and nursing homes. But her greatest passion is helping people know Jesus more intimately through Bible study, teaching them how to pray effectively and how to be led by the Holy Spirit. Throughout her Christian walk and numerous self-study programs she has learned the Bible well and practices what she learns.
Experience
Sandra has been a successful single Christian business woman, getting her start in 1976 while still in high school. Embracing challenging situations God has given her a unique career path to utilize a wide variety of skills and talents, overcoming many obstacles and always holding to integrity. Whenever doors closed, God always opened a new one for her! With an artistic background, she has worked as a graphic artist, proofreader, editor and typist in the printing and publishing industry, healthcare field and software industry. She was instrumental in building a database directory for a large homecare company, and found herself training people on software programs. She currently works as software trainer and documentation specialist for the parks and recreation industry and has been involved in trade associations and networking groups. Sandra is currently cultivating her photography and writing skills.
DIANE VANDEGUCHTE-GRIMES (MI)
Professional Certified Life Coach

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Location: Grand Rapids, MI

Background
Diane is a focused life coach, facilitator, wife, and mom to three grown sons. She enjoys skiing, wakeboarding, photographing, and exploring God’s beautiful creation of nature.

Life Purpose Coach Specialty
Diane’s passion is for women to find clarity as they seek God’s vision for their life. Her message to the world is, “God is Trustworthy! Give Him your pain and your grief and He will RePurpose, ReClaim, ReCreate.”

Ministry
Diane has worked in many aspects of her church and community. She has mentored young pregnant women in crisis and led small groups in Bible Study. She has presented hope to women experiencing cancer through class presentation at Gilda’s Club and the American Cancer Society. Diane has also walked separated and divorced people through their healing as a Divorce Care facilitator.

Experience
In 2012, she began training in life coaching and received her Transformational Coach’s Certification from Advancing Ministries. In 2015-2016 she became trained as a Life Purpose Coach®. Diane is the founder of RePurpose Coaching L.L.C. – empowering women to discover their unique life purpose and move forward in confidence and joy.
Background
Cheryl and her husband have been married for 30 years. Together they have three grown children and two beautiful granddaughters. Coming from a sports-oriented family, the title “coach” took on a new meaning when she felt the Lord leading her to become a Life Purpose Coach. She enjoys reading, writing, spending time with her family, and photographing God’s beautiful creation.

Life Purpose Coach Specialty
Cheryl has a special place in her heart for women who are experiencing loneliness or fighting to save their marriage. She also loves to help women who are facing financial challenges by helping them set up monthly budgets and gaining a greater knowledge of financial freedom. She wants women to know that whatever situation you find yourself in, there is HOPE – because God is in the restoration business!

Ministry
Cheryl and her husband have opened up their home to people in transition to provide a safe, Christ-filled atmosphere where they can find quiet respite while seeking God and considering their next steps. Cheryl has coached many of them and mentored several young women, which God has brought into her life.

Experience
Cheryl’s life experiences have given her a passion to encourage and equip women in all seasons of life to overcome obstacles (emotional, financial, circumstantial, etc.) and enter into a life filled with passion and purpose. Losing her mom at age 16, Cheryl is familiar with loss and grief. She has lived with and understands the dynamics of a family business and the strain it can have on a marriage. She loves watching how God uses her experiences and training to help women live life abundantly in the glorious plan that God has for them.
NANCY LEE GAUCHE (MN)
LPC

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Location: Burnsville, MN

Background
I am energized by all things faith-driven. My strengths drive me to be energized by the process of learning and I thrive in dynamic work environments. Right now I find myself working in the field of Children, Youth & Family Master’s & MDiv Concentration at Luther Seminary in St Paul MN! Investing in the “first third” of life as I find myself spilling into the “last third” creates connective synergy. I couldn’t be happier!

Yet, I always find time to coach a person who is seeking to grow. I especially love Life Purpose Facilitations which are 1-to-1, intensive, 2-day private process to help you discover and fulfill God’s purpose for your life.

I am married to an amazing human being, a pastor, and together we are the parents of two young adult children: Sarah, who is married to Travis with little Ruby Grace our grand-baby; and our son Soren. In our empty nest, Shelbui the dog keeps the Gauches good company!

Life Purpose Coach Specialty
Nancy Lee’s passion is deep and transformational change for women who want to connect their hearts to God’s purpose. A client wrote, “Nancy Lee has a talent and expertise for coaching. Her insightful probing questions challenged many of my long-held beliefs, and helped me to grow my faith by modeling a constant reflection of God’s love. She made it safe to tackle the deep dark questions, and encouraged me by pointing out glimpses of evidence of God’s full potential for me. She has experienced life fully as a Pastor, wife, and parent; she has much to draw on to connect and relate to others. Nancy Lee is a clearly one of God’s servants. I am thrilled to know that she will continue to use the gifts God has given her to help others find their path to God’s purpose!”

Ministry
Beginning her professional ministry with Young Life, her heart beats passionately for Family Ministry. She has spent much of her public ministry equipping families and marriages with tools and skills to live life together in Christ. She is dedicated to prepare leaders for transformational ministry in daily life, in ministry or the marketplace. Nancy Lee has worked in churches as small as 30 people and as large as 10,000 members! She has had a wide range of ministry experience. Presently she is a program associate for the Children, Youth & Family Masters & MDiv Program at Luther Seminary, St. Paul, MN where she coaches and mentors people preparing for public ministry.
**Experience**
Nancy Lee holds a Bachelor’s Degree in Education and a MDiv Degree in Pastoral Care & Counseling. She has a wide range of experiences from pastoral care to leadership development. She is a certified Life Coach through Coachnet Ministry as well as a Life Purpose Coach/Facilitator through Pathway to Purpose. Nancy Lee loves life and is blessed with deep and committed relationships. She continues to grow in a deep and abiding relationship with Jesus Christ.
KRISTI BROOKS OLSON (MN)
LPC, LPF

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Phone: (651) 983-2370
Location: St. Paul, MN

Background
Kristi is married and an official empty-nester. She and her husband enjoy being the proud parents of a college student. Kristi enjoys traveling, reading, and journaling, as well as going on mission trips to Haiti. Some of her hobbies include knitting, hanging out at the local coffee house and shoe-shopping! Her passion is discipling and encouraging women as they search for purpose and significance in their lives. Kristi has plans to convert a large barn on their land into a ministry retreat center for women.

Life Purpose Coach Specialty
Kristi believes that God has a unique purpose designed for every woman. Are you using your passion and talents in a way that bring contentment? Frustration, discouragement, doubt, and confusion often stand in the way of God’s best plan for many women. As a Life Purpose Coach®, Kristi considers it a privilege to come alongside another woman to clarify her life purpose and encourage her as she pursues that purpose.

Having been a single parent for many years (divorce and painful relationships) has also equipped Kristi for coaching women in the areas of divorce recovery, life transitions, and spiritual direction for women in all stages of life. Kristi also works with women in the area of leadership development. She offers 1-to-1 Life Purpose Coaching, 2-day intense LifePlan Facilitations, Book Study groups, and she speaks at retreats, seminars and conferences. Providing encouragement, support, and accountability, Kristi comes alongside her clients as they journey through a process of change, growth and discovery. Her goal is to guide women into taking a step and defining their passions, and connecting the dots to how they align with God’s unique purpose for their lives.

Ministry
For 15 years, Kristi has been involved in all areas of ministry to women, including being on staff as Director of Women’s ministries, leading women’s bible study, missions, spiritual direction, and encouraging women going through difficult times. She has also worked with para-church ministries providing programs for women suffering from abuse and painful relationships. Kristi has a heart for networking with women in leadership roles within the area of training and leadership development for women.

Experience
Kristi earned her Bachelor of Arts degree in Education/Psychology, and has marketing and business development experience in both corporate and non-profit companies. She is a self-employed business owner and entrepreneur, and volunteers in her community for church and para-church ministries.
Background
Barbara is a single mother. She has one daughter who has just begun her journey as a Pre-Med student at a local college. Barb enjoys several activities such as; running, golfing, cross country skiing and entertaining her friends and family.

Life Purpose Coach Specialty
Barbara has the heart of Luke 4:18; to see the captive set free from oppression, blindness and poverty. Barbara offers coaching at an individual or business level while focusing in the areas of purpose, vision, and strategy. Her assessments and coaching sessions are a valuable resource to help every client explore and awaken their inner truth, strengths, gifts and talents; while informing, challenging and mentoring each individual through this journey. Barb’s vision is to see each client find and sustain long lasting personal success and function at their full potential.

Barbara will also teach and equip individuals and professionals for Marketplace Ministry. Her goal is to connect entrepreneurs & professionals into national business networking groups where they can distribute their resources into a Foundation to bless the nations. Barb’s vision is to witness emerging leaders take their talents and use them to create a positive change in their work/personal environments and globally.

Ministry
Barbara co-founded Singles in Christ Ministry, was the Developmental Director of Christian Recovery Counseling Center, and is the CEO of Touch of Love Ministries and Jubilee Marketplace Professionals, Inc. She has lead several bible studies, intercession groups, and offered spiritual guidance to those going through difficult times. She is presently involved in her church ‘Career Ministry Group’ as a coach and facilitator.

Experience
Barbara has earned a Bachelor of Arts degree in Psychology from the University of Minnesota. Barb has over 10 years of experience in Sales & Marketing and Business Development in both corporate and Non-Profit companies. She is also a Certified Personal Trainer through the Academy Council of Education. She is currently the CEO of her own business and volunteers in her local community and church.
JAYNE KANE (MN)  
LPC  

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Location: Minneapolis, MN

Background  
Before becoming a life purpose coach, Jayne had a thirty plus year career in the physical therapy field. In 2008 she received a Bachelor of Science degree in Christian ministries and immediately after graduation was introduced to Life Purpose Coaching and became certified as one.

Life Purpose Coach Specialty  
Through Jayne’s coaching experience, she came to realize that women face many obstacles when it comes to living with purpose. As she drew from her own experience of restoration and the biblical truths she studied to take her to restoration (God’s way), Jayne found herself coaching women to restoration with God and others as part of living with purpose. From this experience, Jayne wrote a book and it was published in 2012. It is titled “When the Lily Blooms: Reflections to restore the Heart and Soul”. Jayne conducts women’s retreats, small group and one on one coaching and speaks at women’s events.

Ministry  
Jayne has been involved in women’s ministry most of her adult life. She has over twenty-five years of experience conducting Bible studies and has a passion for leading women to a deeper relationship with God. Jayne has also been involved in capital fund raising and has done consulting with churches on mission and vision, as well as family wellness. She has also coordinated ministry outreach programs and prayer ministries and participated on several short-term mission trips.

Experience  
Jayne is passionate about providing the opportunity for women to experience God’s presence through simplicity, silence, solitude and surrender. She has found that women are tired from being busy or as they struggle with the hard things in life are in need of physical, emotional and spiritual restoration. It is only through this restoration from God that it is then possible for women to live out their purpose as He intended. Jayne’s has experience with women in providing one on one and small group coaching and retreats, including her signature “Life Restoration Retreats.” Jayne has two grown sons and lives in the Minnesota River valley.

Jayne’s personal mission statement is “To bring God glory by providing hope and encouragement so others may be restored and find purpose for their lives.”
Background
Betsy lives with her husband in rural SW Minnesota. They have one son who lives in Phoenix AZ. She loves to do interior design and also puts traveling and spending time with family at the top of her list favorite things to do. She owns and operates a Wellness Center near her home.

Life Purpose Coach Specialty
Betsy specializes in three unique areas of coaching for women.
Wellness Coach- Betsy’s wellness plan begins with rescuing her clients from poor lifestyle habits and emotional eating, and walks them through to restoring and renewing mind, body and spirit. Whether coaching individuals, small groups or large assembly’s, Betsy’s enthusiasm for wellness is inspiring!

• **Life Purpose Coach and Life Plan Facilitator**: Ready to find out what God is calling you to do? Discover God’s ultimate divine design for your life through one on one conversations or two-day intensive Life Plans.

• **Retreat Coach**: All of Betsy’s retreats are passionately designed to touch the hearts of the everyday woman. Each is specially created with God’s greater purpose in mind and most are limited to six women so you are assured a personalized retreat. Her Spiritual and Spa retreats have been a favorite!

Ministry
Having overcome many challenges in life such as teenage pregnancy, single parenting, divorce and obesity, Betsy understands how powerful these circumstances can be in a woman’s life and how they can make us lose our connection with Jesus Christ.
Her passion is to reach out to busy working women whose lives are spent caring for others while putting their own physical, mental and spiritual needs on the back burner. Her retreat and coaching ministry gives women a chance to step out of their everyday lives into a safe haven where they can take a moment to relax their body, renew their mind and reconnect with God.

Through personalized retreats, one on one coaching and inspirational speaking, she is able to guide women past the insecurities most of us have when it comes to our bodies and emotions only to come out stronger and healthier, all for the purpose to do God’s work here on earth.
Experience
Being a chiropractic physician for 18 years, most people around her know her as Dr. Betsy. Within her Wellness Center she does nutritional counseling and is a licensed acupuncturist. She has done motivational speaking nationally on the topic of weight loss and creating the life you love. Her personal weight loss success story has been published in McCalls and First for Women magazines.
Background
Pam has been happily married to her husband for 30 years. They have one married son serving in the Air Force and a son pursuing a career in Wildlife Biology. The couple enjoy being empty nesters and having more time for the many ministry opportunities that life provides! They love living just outside the cities on an acreage and embracing all the hobbies that go along with that. Pam’s passion is connecting women with Christ through worship, journeying alongside mentoring them, and challenging them to take whatever next step God is calling them to take.

Life Purpose Coach Specialty
Pam has been a Bible study facilitator for more than 25 years, and during that time, she has been able to observe how challenging it is for women to bring their faith to their whole life (profession, marriage, hobbies, parenting, health, and singleness)—not just having a Sunday faith. As a Life Purpose Coach®, Pam coaches women to take the next step to “bring their faith to life,” so they can have the peace and discover their unique purpose that God designed for them. Pam connects women with their “Designer” through... 1. Uncovering their “foundations.” 2. Embracing their “frame” and seeing how they are “wired.” 3. Releasing their purpose to free them to be who God created them to be...and not to be! As love, peace, and purpose guide women’s lives, balance and joy naturally occur...even amidst the most difficult circumstances!

Ministry
Pam served on staff in Worship Ministries with Youth With A Mission Montana for 4 years along with her husband. It was there that she developed a great heart for the nations and for sharing her life with her community. She brought that love to every community that she has lived in and has been active in: Mom’s In Touch, Mops, Bible studies by Beth Moore, Kay Arthur, and countless more. She served as the National Prayer Director for the Evangelical Free Church Youth Ministries and actively pursues seeking God through prayer individually and corporately. Pam had the unique opportunity to lead her boss, Tara of the Buzz Company, to the Lord and they now lead workshops and speak on “sharing your faith in the workplace.” She also serves on the Board for the Minnesota Bridging The Gap Ministries, writing and serving in a leadership capacity for their Workplace and Leadership Ministries. Pam continues to be a lifelong student of the Word, continues in Biblical education, and is a featured speaker/worship leader at woman’s events throughout the upper Midwest.
**Experience**

From serving on staff with YWAM to being the Worship Ministries Director at Westwood Community Church for 6 years, Pam has stepped up to the spiritual gifts of Leadership, Encouragement, and Teaching in her life. Through pursuing her Music Ministries degree at Northwestern Bible College and enrolling in continuing education, she continues to have a passion for discovering truth.

Pam formed Proclaim Productions, Inc. in 1994 to facilitate the many requests she was receiving to speak/sing/worship lead at various events around the upper Midwest. She also was a volunteer youth worker for 9 years which led to a position serving on the National Youth Convention Board for the Evangelical Free Church as their Prayer Coordinator. Pam also currently serves on two ministry boards: MN Bridging The Gap and Christian Services, Inc. (A Missions Board.)

Pam gained experience in the Professional Marketing field by joining The Buzz Company in 2007. The Buzz Company is a Word of Mouth Marketing and Research firm that focuses on the importance of the customer experience. It was through this opportunity that Pam’s heart was really opened to ministering to professional women who are struggling to find balance and peace in their lives. Ultimately, it was Pam’s boss who encouraged her to step out and pursue the calling of becoming a Life Purpose Coach®, because she was already naturally doing it with so many of the women that God brought into her life!
Background
Terri and her husband have been married for thirty years. They have four grown children in their blended family. Terri enjoys traveling with her husband and spending time with their children and grandchildren. She also enjoys shopping, animals and breakfast with friends.

Life Purpose Coach Specialty
Terri’s passion is to minister to women who are seeking to serve God to the fullest. She desires to share the truth of God’s love and grace through offering Life Plan’s to women who need a little encouragement to take their next step for God. Her passion is to assist women in discovering God’s purpose regardless of past issues and disappointments. Terri considers it an honor to walk alongside women on their journey to recovery whether it is from divorce, abortion or whatever life put’s in your way. She is a great encourager and guide of God’s grace and truth.

Ministry
God has used Terri’s life experiences and turned them into ministries. She and her husband have led divorce recovery groups for over 15 years. She also has led Abortion Recovery Bible Study, Abortion Recovery Weekend Retreats and loves leading women through recovery and restoration for the past 20 years. She has encouraged 1000’s of men and women calling Post Abortion Helpline for recovery. She has organized retreats for women and crisis pregnancy center volunteers. Terri has served in all facets of church leadership.

Experience
Terri attended the University of Tennessee, in Martin for four years, majoring in Animal Science. She has been an Independent Mary Kay Beauty Consultant for many years. She has been a Director/Consultant teaching, motivating and sharing her contagious entrepreneur spirit with over 30 women in her unit. She has earned the privilege of the use of four company cars. Terri was the founding Director of Riverside Pregnancy Center in Denver, Colorado. She was on staff for 9 years with an Abortion Recovery Helpline.
Background
Sherrill grew up in the suburbs of St. Louis, but spent 24 years of married life as a small-town girl in Poplar Bluff, Missouri. She is now residing in the college town of Columbia, Missouri where she and her husband are empty nesters except for one little dog. They are extremely proud of their two grown children and three grandchildren.

Life Purpose Coach Specialty
Being a full-time educator for 30 years as a kindergarten, then 3rd grade teacher, then reading consultant, Sherrill is the perfect example of waiting on her BIG purpose. Married to a middle school principal, education and raising a family were her purpose for many years. But all along, she always felt each step of the journey was orchestrated by God to ready her for becoming a Life Purpose Coach – even though she had no idea that was in her future. In-depth Bible study after her move, facing loneliness for the first time, brought her to a deeper level of faith and trust in her Savior. Battling her own chronic health problems including fibromyalgia, she feels a deep passion for helping other women to learn to wait on God and recognize every tear and joy as part of His future plan for her. Women looking at a new season of life after a move, a diagnosis, a change in career, becoming an empty nester, or waiting for a new season are especially close to her heart.

Ministry
Sherrill’s career as an educator was her field of ministry for years as she worked with children, parents and teachers to help nurture them to be the best they could be. Always active in her church also, she loved to praise God in the choir, taught high school Sunday School and gave the Moments with Our Children sermon that was televised in her small town for many years.

She currently volunteers with both the Stephen’s Ministry in her church and Love INC (In the Name of Christ) – where she helped to set up a mentoring program for people in need. She has published a book of devotional poetry and a children’s book. Both she and her husband are very active in the non-denominational Walk to Emmaus retreat, serving on many teams as a speaker, prayer warrior, assistant and eventually a Lay Director. She continues to serve with her husband as a marriage mentor and facilitates bible studies as well as teaches in the children’s ministry of her church.
Experience
After 18 years in the same elementary school, God began to put steps in her path to prepare her for her work as a Pathway to Purpose speaker, life plan facilitator, Instructor, and coach. She became a STARR teacher (Select Teachers as Regional Resources) teacher with a year’s sabbatical working out of the regional university which brought her speaking engagements and adjunct teaching at both the junior college and graduate level.

After moving to Columbia, Missouri in 2000 she worked for the State Department of Education as a reading consultant. In 2001, she went to work for the Missouri Reading Initiative as a Trainer of Teachers in the latest reading research, model teaching as well as giving workshops. After a career of working to serve children and teachers, she now sees that it was the foundation to lead her to the joy of her life as she retired in 2007 and began coaching, facilitating life plans and instructing new coaches with the opportunity to share the most important information of all – what she has learned along her journey of faith. She longs for other women to know and understand her life’s verse: *All things work together for good to those who love the Lord (Romans 8:28).*
KAREN SINN (MO)
LPC, LPF, Grief Coach, Professional Certified Life Coach, PCLC Instructor

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Background
Karen is an energetic, caring, and active woman. She has lived most of her life in the Midwest—Central Missouri to be exact. She lives on a farm near Columbia and enjoys the quiet beauty after a full day of work. Karen was married 33 years, and then found herself starting over as a 50+ divorced woman. God’s providence has been remarkable! She has one grown daughter, Meagan, who lives and works in St. Louis, MO.

Life Purpose Coach Specialty
Karen’s passion for the Lord and her life experiences have given her a deep desire to walk alongside other women as they seek the ‘abundant life’ found only in an intimate relationship with the Savior. She sees Coaching, Facilitating, and Speaking as the perfect tool for helping women discover their own worth in God’s Kingdom, uncovering their passions, and exploring their personal stories. “Even though I grew up in a Christian home, my story is full of years in the wilderness, just like many of you! Sharing the goodness of God and the miracles of love and healing He has brought about in my life is the greatest privilege I can imagine!” These wilderness years include such painful things as infertility, depression, low self-esteem, living with an addict, bankruptcy and loss of home, and finally divorce. Her specialty is women who have encountered great loss in their lives and/or are in a time of transition.

Ministry
Karen has immersed herself in church ministry for the past 28 years. Her activities, past and present, include teaching children’s and adult Sunday School, Bible Study leader, Spiritual Gifts workshop leader, Small Group leader, ALPHA co-coordinator, devotional and curriculum author, Prayer ministry, Jail ministry, and Lay Leader in area of Mission and Outreach. She loves God’s church and His people, and finds joy in serving both! She absolutely loves leading Women’s retreats and speaking when ever asked! In the fall of 2008, she was hired by the Missouri Methodist Conference as a Coach for pastors. Healing prayer and Jail Ministry are both areas where she loves to bring to women her love of God and the joy of living a life in Christ.
Experience
Karen has her Bachelor degree in Special Education. She was a Special Education, Reading, and Gifted teacher in the public schools for 20+ years. Her passion for sharing her faith led her to a part time teaching position in a Christian school. She also turned her love for collectibles and antiques into a small business for a time. The five levels of training she has received through Life Purpose Coaching Centers International® with Katie Brazelton, have been invaluable and inspirational in providing the tools for such a rich life in ministry.

Since the divorce, Karen has begun a new part time career as the Field Rep for an international ministry to Single Moms call “The Caring People.” All her skills and talents have culminated to bring joy and success in planting new Care Groups for Single Moms across the country, as well as equipping and training Caring Women to walk alongside these Single Moms.
TAMARA G. OBERBECK (MO)
LPC

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Background
Tamara is an optimistic, joyful woman who has not forgotten that it was through God’s mercy and grace that she found peace, love and forgiveness working through a shattering divorce. She has three grown children who were raised overseas in Central America.

Life Purpose Coach Specialty
Tamara is a grateful member of Al Anon, and has been published in the national magazine, "The Forum," a monthly publication for family and friends of Alcoholics. She currently studies with the Benedictine Sisters in Columbia, Missouri.

Ministry
Tamara feels a calling to work with women who are experiencing a crisis in their lives and looking for God’s voice. She has personally experienced the peace and joy of finding her faith purpose with a Pathway Purpose Coach and is eager to share this experience with others.

Experience
Tamara is a Registered Nurse who also has a master’s degree in health education. She is passionate about physical, emotional and spiritual health and believes that all three are intricately connected to each other.
Becci Frick (MO)
LPC

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Background
Growing up as a pastor’s daughter and later as a minister’s wife, Becci never realized the turn her life would be taking years down the road. After 22 years of marriage, Becci experienced the pain of divorce and found herself looking even more to God for clarification and guidance. As God comforted and pieced her children’s hearts and hers back together, He taught them how to draw closer and grow stronger through the pain and confusion. A few years later God saw fit to bless their family with an addition of a loving Christian man. Since then, they have enjoyed 15 years of marriage. They now enjoy their three grown children, and one precious granddaughter.

Life Purpose Coach Specialty
Becci has a desire to see all women discover who they are in Christ, and to realize their value and purpose as a person. She has a heart for women who have experienced divorce, rejection, and those whose self-worth has been degraded whether by another person, disease or injury. She deals with Hypothyroidism, and issues with a back and neck injury she received from an attack of a stranger. Learning to forgive and move forward with God’s guidance has given her the anchor she needed to pursue helping others. Her passion is to encourage and assist women in discovering God’s grand purpose for their lives despite the obstacles Satan throws their way. “You, dear children, are from God and have overcome them, because the one who is in you is greater than the one who is in the world” (1 John 4:4).

Ministry
Over the years Becci has always been involved in some kind of ministry. Whether it’s teaching Sunday School to children or junior and senior high girls to being a director in VBS, GA’s and Acteens, she has loved every minute. She’s had the opportunity to work in the prayer ministry, Big A Club, serve as the entertainment director in ladies’ associational meetings and teach in Divorce Recovery with her husband. Becci has served with the Clowning for Christ Clown ministry as five-year-old “Lavender,” and has taken part in many mission opportunities. These include participating in local disaster relief projects, painting local classrooms, various Mexico mission trips, Homes for Humanity building projects, serving in a Mississippi shelter after Hurricane Katrina hit, and a two week VBS trip to Thailand.
Experience
Becci has had the opportunity to move around a great deal in her life. While on her adventures she met a wonderful variety of people, and has experienced many different working situations. Little did she know she would need all that diverse education to serve in the calling God would lay on her heart in the following years. One of her favorite positions she held was that of Administrative Assistant to the Family and Care Ministry. She loves women and their families, and feels it’s an honor and privilege to minister to them.
PATTY SMITH (MO)
LPC

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Background
Patty is a Licensed Local Pastor of the United Methodist Church. She has been married to Jim, a retired UMC pastor, for 15 years. She is the mother of three grown children and grandmother of 8 grandchildren. She finds renewal among her gardens and walks with her three cats and a dog. She loves to sing and play her piano and curl up with a good book on a rainy day.

Life Purpose Coach Specialty
Her life experiences as a single mother, small business owner, and her love for Christ have been a springboard for her desire to work alongside Christian women one on one and in retreat settings. She delights in helping women connect their own visions and goals to God’s plan for their lives.

Ministry
Patty has been active in church ministry most of her life. Her fourteen years’ experience as a United Methodist pastor and facilitating Grief Recovery workshops has given her a compassion for women and single mothers who struggle with their spirituality and purpose for life. She has a deep desire to come alongside Christian women to help them realize their God given purpose, goals, and dreams. By helping them find answers to unanswered questions, she encourages them to ignite their own goals that point them toward that unique person God intends for them to be. Her goal is to help them discover with boldness the possibilities of stepping out in faith and connecting to the plans God already has for them.

Experience
Patty was educated in Nebraska and graduated from a 5 Year Course of Study at St Paul’s School of Theology in Missouri. She was active in prison and City Mission ministry in Nebraska. She is experienced in Grief Recovery workshops. She has lead youth groups and church and community choirs. She has a passion for preaching, teaching the Bible, and pointing people to Christ. She is active in continuing education through the United Methodist Church. Patty is certified as a Life Purpose Coach through Life Purpose Coaching Centers International®.