

Instrument name	Description	Sample question
<i>Survey measures of the presence of purpose and related constructs</i>		
Existence of Purpose in Life subscale (EPIL; Law 2012) for early adolescence	7 items selected from the PIL based on their relevance to the lives of early adolescents	“My life is—(1) empty (7) running over with good things”
Life Profile Questionnaire (LPQ; Hablas and Hutzell 1982)	20 items very similar to PIL; agree/disagree format to aid comprehension in geriatric, neuro-psychiatric patient, and other special populations	“I am usually able to think of a usefulness to my life,”—agree, disagree
Life Purpose Questionnaire—Adolescent Version (LPQ-A; Hutzell and Finck 1994)	18 items; agree/disagree format to aid comprehension among adolescent participants	“I have discovered many reasons why I was born,”—agree, disagree
Meaning in Suffering Test (MIST; Starck 1983)	20 items, 7-point Likert response format; yields a total score and three subscale scores	“I believe my suffering experience has given me a chance to complete my mission in life,”—(1) never (7) constantly
Purpose in Life Scale (PILS; Robbins and Francis 2000)	12 items with a 5-point Likert response option	“My personal experience is full of direction,”—(1) disagree strongly (5) agree strongly
Purpose in Life Test (PIL; Crumbaugh 1968; Crumbaugh and Maholick 1964)	20 items, 7-point Likert response format; different anchoring points for each item, with 4 being neutral	“Life to me seems”—(1) completely routine—(7) always exciting
Purpose in Life Test—Short Form (PIL-SF; Schu- lenberg et al. 2011)	4-items drawn from the PIL, 7-point Likert response format; different anchoring points for each item, with 4 being neutral	“In life I have”—(1) no clear goals—(7) clear goals and aims
Ryff’s Scales of Psychological Well-being Purpose Subscale (Ryff 1989; Ryff and Keyes 1995)	20, 14, 9, and 3 item versions with a 6-point Likert response option; unidimensional measure of purpose represents one of six dimensions of psychological well-being	“Some people wander aimlessly through life, but I am not one of them”—(1) strongly disagree—(6) strongly agree
Sense of Coherence Scale (SOC; Antonovsky 1983, 1987)	29 and 13 item versions administered most commonly; 7-point Likert response format	“Until now your life has had”—(1) no clear goals—(7) very clear goals and purpose