### Survey measures of the motivation to find purpose

**Seeking of Noetic Goals (SONG; Crumbaugh 1977)**

20 statements rated on a 7-point Likert response format; unidimensional scale of the motivation to find purpose

Sample question:

“I feel that some element which I cannot quite define is missing from my life”—(1) never—(7) constantly

### Survey measures of purpose and the motivation to find purpose

**Daily Meaning Scale (DMS; Steger et al. 2008)**

10 items, 7-point Likert response format; 2 subscales, Presence of meaning (5 items) and Searching for meaning (5 items)

Sample question:

“Right now, how meaningful does your life feel?”—(1) not at all—(7) absolutely

**Life Attitude Profile—Revised (LAP-R; Reker and Peacock 1981; Reker 1992)**

48 items, 7-point Likert response format; yields six dimension and two composite scores

Sample question:

“My past achievements have given my life meaning and purpose”—(1) strongly disagree—(7) strongly agree

**Life Regard Index (LRI; Battista and Almond 1973; Debats et al. 1995)**

28 items with two subscales; Framework subscale measures existence of life goals and Fulfillment subscale measures progress toward life goals

Sample question:

“I have a clear idea of what I’d like to do with my life”—I disagree, I have no opinion, I agree

**Meaningful Life Measure (MLM; Morgan and Farsides 2009)**

23 item measure composed of items from the LRI, PIL, and Ryff’s Psychological Well-being Purpose subscale

Sample question:

“I have a clear idea of what my future goals and aims are”—(1) strongly disagree—(7) strongly agree

**Meaning in Life Questionnaire (MLQ; Steger et al. 2006)**

10 items, 7—point Likert response format; 2 subscales, Presence of meaning (5 items) and Searching for meaning (5 items)

Sample question:

“I understand my life’s meaning”—(1) absolutely untrue—(7) absolutely true

**Revised Youth Purpose Survey (Bundick et al. 2006)**

20 items, 7-point Likert response format; 2 subscales, Identified purpose (15 items) and Searching purpose (5 items)

Sample question:

“My life has a clear sense of purpose” (identified), “I am always looking to find my life’s purpose” (searching)—(1) strongly disagree to (7) strongly agree